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Issue 9 November · 2016 40th Year Veteran's Day is November 11th! Remember those who served! Monthly Mania Winner! Delivered Door-to-Door by \$100 • Karl Pesch Park Residents FREE Every Month Jones and Sons Plumbing

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Embassy Park

News & Views

11/1

N. & V. Editor Kim TroopLot# 1322810-391-1623

E-Mail Address: Embassynewsviews@gmail.com

Sunshine Lady.....

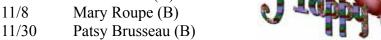
NOVEMBER BIRTHDAYS

11/1	Cally Russell (b)
11/1	Maggie Beckhorn (B)
11/1	Pam Roberts (B)

Cothy Duggall (D)

11/6 Jean Mitton (B)

Mary Roupe (B) 11/8



FROM THE OFFICE

OGS: Dogs are to only be walked out of the park must be on a leash, and you must carry a bag to pick up droppings. If you have a guest with a dog, you must make sure they know the rules (and the dog must still be under 40 lbs)

LAWN SERVICE: As we are all aware, the lawn service has been less than good. The only positive thing is they are better than nothing. Jessie has been looking for a new company without any success. If you know of anyone, please have them see Jessie, They must be licensed and insured

POOL: When you see lightning or hear thunder, you must get out of the pool.

Thank You, Kim







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RENT INCREASE:

return to increase operating expenses, such as insurance, taxes and sewer treatment. The sewer treatment was a new charge by Pinellas County in 2014; Mr. Larson has paid this since then, but it equals \$60,000 a year so this year he is using this as the main reason for the increase. Per the prospectus he is in his right to do so. Regarding the \$5 early payment discount that I offered last year, the Rent Committee will try to negotiate this with Mr. Larson when the meet.

SUMMARY OF THE MANAGER'S MEETING, October 11, 2016:

- 1. The drain relining project is underway and will take several weeks.
- 2. The palm trees will be trimmed by the end of October.
- 3. The shuffleboard courts will be resurfaced on October 31 st.
- 4. The ansul (fire prevention) system in the kitchen will be updated within a few weeks.
- 5. The street lights will be upgraded to LED lighting within the next few months... all the paperwork is done, just waiting on the subcontractor.
- 6. All mulch in the common areas will be replaced soon.
- 7. The Library is selling Embassy Mail pouches as a fund raiser-they are \$5 each and perfect for the Bulletin and News and Views.
- 8. The Sewing Guild welcomes all donations for the Annual Park Yard Sale, contact Judi Hoke or Janis Wilson.
- 9. ACTIVITIES-The First Social Club meeting will be held on Nov. 2 nd at 9 a.m. Exercising is beginning on Oct. 17th. HMO meeting is Nov. 15 th at 7 pm. Several Club meetings

have their first meeting in November, so check the bulletins and schedules

TRIVIA:

8/11/16

Winning Table #3 Mary, Coraline and Shala

Winner of the 50/50 Elaine M

8/25/16

Winning Table #2 Mary K, George F and Barb W

Winner of the 50/50 Shala

9/1/16 Cancelled due to weather

9/8/16

Winning Table #1 Doug, Angela, Shala and Iva Winner of the 50/50 Barb W



DID YOU EVER WONDER...

by Jeff Rovin

HOW DID FEEDING ONE'S FAMILY COME TO BE KNOWN AS "BRING HOME THE BACON"

any people think it began in medieval markets, where people would buy a pig, bring it home and slaughter it for food. That makes sense, of course, though the origin of the phrase is rather different.

According to 12th century records, there was a county in Ireland in which an unusual number of couples were having marital squabble. Thus, the local elders came up with a proposition: Whichever couple did not quarrel for one year would be awarded a side of bacon.

The custom continued for many years to come, and those who saw a neighbor "bringing home the bacon" knew that all was going well at home.

Much later, the expression came to mean that one was successful in business as well as in domestic affairs, and a man or woman who was able to bring home the bacon was viewed as content in every way.

DID FRENCH FRIES COME FROM FRANCE?

No one know for sure when they were first made. What is known is that around the turn of the century, a fellow by the name of Rodolphe de Warsage was heading home to Liege (in Belgium) when he stopped in a bakery and bought a sack of the thinly sliced fried potatoes. He ate them on the way home, and was so enthralled with their taste that he had them made when he go back.

The popularity of the fried potatoes spread to the north of France and from there to other European nations, where, rather unfairly they were dubbed "French fried potatoes." Then again, "Rodolphe fries" doesn't have quite as appetizing a sound.

In England, of course, where the thicker fries are literally chipped from the potato, they are known as chips.

WHY DO SO MANY CARTOON CHARACTERS HAVE ONLY FOUR FINGERS?

Tt's a matter of time and economy.

Before computers took over many of the artistic chores, each frame of an animated cartoon had to be drawn by hand. In the middle 1920's, Walt Disney, as well as other









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George Lordstrom, Saint Petersburg, FL



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Carol Zapiecki, Clearwater, FL

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producers, realized that if the animators had less finger to draw on each hand, not only would viewers probably not notice, but the artists would be able to spend a few minutes less drawing each individual "cel." That would shave days off the production of each short subject, and weeks on the production of each feature!

Disney and the others were right. Audiences who were willing to accept humanized mice, ducks and cats barely noticed that these characters had four or sometimes three fingers instead of five!

"I WISH I'D THOUGHT OF THAT"

One -Hit Wonders

Rubik's Cube

his hard-to-solve puzzle, which inspired 48 best-selling books, wasn't created in order to frustrate the world. But that's exactly what it did.

In 1974, Hungarian Erno Rubik, a professor of architecture, designed this six-sided cube as a mental exercise for his students. The cube consisted of nine small cubes set in rows of three, each row capable of being turned so that the different colored faces of the cubes could be exposed. The object was to twist the rows until all six sides were one solid color.

So how hard can it be?

Well, there are 48,252,003,274,489,856,000 different combinations. That's over 43 quintillion!

The cube quickly became the rage on that Hungarian campus, and then throughout Europe. Ideal Toys brought it to the U.S. in 1980 and it stayed on top of the toy charts for over a year, outselling the new high-tech video games such as Atari.

Though Professor Rubik tried to strike again with Rubik's Magic Snake and Rubik's Revenge, they never caught on. But the professor had himself a new hobby, counting the profit from the more than one hundred million Cubes he sold, which made him the first self-made millionaire from a communist country.



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In 1975, 38-year-old Gary Dahl was an out-of-work advertising executive. One night, he went out for a drink with some friends and came up with a simple idea that earned him a fortune.

At the bar, Dahl's friends were complaining about how difficult and expensive it was to keep and train their pets. Taking pity on them, Dahl go some rocks and gave them away as maintenance-free pets. His friends thought the rocks were

a real hoot and Dahl wondered if other people would feel that way as well.

Drawing on his advertising experience, he wrote a manual explaining the care and training of his Pet Rocks. He wrote about how to train the Rock to roll over (with a gentle push), to play dead (no assistance required), and to protect its owner (curled inside your fist). Convinced he had something marketable, Dahl bought three tons of smooth rocks from a beach in Mexico and, a month before Christmas, began selling Pet Rocks. Each was sold in a box with air holes. Dahl got to keep nearly a dollar for every \$5 Pet Rock that sold.

The Rocks were a huge smash, and before the craze died out, five million Pet Rocks later, he added additional items to the line, from Rocks with painted-on expressions to Pet Rock Food (rock salt, of course).

THE HISTORY OF ROCK: A QUIZ

ow much do you know about the early days of rock n roll?
Here's a test to find out.

- 1. The song that made Elvis a mega-star was the 1956 smash "(You Ain't Nothin' but a) Hound Dog." How did he come up with it?
- a) He used to sing it to his real hound dog, "Buster."
- b) He copied it from a Las Vegas lounge act.
- c) He overheard a woman singing it in a Memphis bus station.
- 2. The flip side of "Hound Dog, "Don't Be Cruel, " was also a big hit. Elvis not only sang it, but co-wrote it with Otis Blackwell.

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How did Elvis and Otis wind up working together?

- a) They were sitting next to each other on an airplane in 1955. To kill time, they started playing a rhyming game that turned into a hit song.
- b) Otis was a nephew of Colonel Tom Parker (Elvis's manager) and needed money to get married. Elvis co-wrote the song with him as a "wedding present."
- c) They didn't. Elvis just insisted on getting a writing credit (and half the royalties) as his "reward" for singing the song.

Answers:

1. b. "Hound Dog" was written in 1952 by Jerry Lieber and Mike Stoller specifically for Willie Mae "Big Mama" Thornton. Her record went to #1 on the R&B charts in 1953. Then a lounge act named Freddie Bell and the Bellboys made a joke out of it in 1955. That's the version that Elvis copied.

How did he first hear it? In 1956, after "Heartbreak Hotel" had hit #1, Elvis was signed to do his first gig in Las Vegas. Later he'd be king of the town. But the first time around, he was fired, a two-week engagement at the Frontier Hotel was shortened to one week when audiences failed to respond to the hip wiggler. But Elvis still lucked out: he wandered into the lounge and watched Freddie Bell's group perform their humorous takeoff of "Hound Dog." He thought it was hilarious, and decided to do it himself. Note: The Bellboys had already recorded the song, and Elvis may have picked up a copy of their record to refresh his memory before he recorded his own version.

2. C. Blackwell had just taken a job writing for a publisher called Shalimar Music when Moe Gayle, the head of the company, called him into his office with an unusual offer: Elvis Presley was interested in recording "Don't Be Cruel," but the deal was contingent on Blackwell giving up half his writer's credit (and thus half the royalties) to Presley, "Elvis Presley?" Blackwell answered. "Who the hell is Elvis Presley?" Blackwell recalls: "I just felt that I was getting the shaft, man. It took them about two weeks to convince me. They pointed out that if Elvis did become big, I would make a good deal more money this way than not doing it at all. And if he didn't become big, I really wasn't losing anything, so I said okay."

It may have been an unjust arrangement, but it wound up an extremely lucrative one for Blackwell. "Don't Be Cruel" was released in July 1956 as the flip side of "Hound Dog." The double-sided hit reached #1 record and Elvis's favorite early record. Blackwell was instantly established as a major songwriter. He went on to write "All Shook Up", "Great Balls of Fire", "Return to Sender," and many more hits.



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GOOD READS

Thicker Than Blood

by Madeline Sheehan, Claire C. Riley



A true friendship never dies.

Leisel and Evelyn lost everything. Husbands. Families. Friends. Lives that made sense. All they had left was each other, and a friendship that could withstand anything...

Even an apocalypse.

Until one fateful night, the marginal safety they'd come to rely on comes to a vicious and brutal end. With the help of Alex & Jami, both unlikely allies, Leisel and Evelyn are able to escape their shattered sanctuary only to find themselves face-to-face with a much altered, much crueler life where they have to find the way—and the will—to stay alive in a world they no longer recognize.

Traveling across a broken and infection-ridden country; the road-weary group are pitted against endless violence, improbable circumstances, and the ultimate loss.

Everything comes at a price—especially safety, the cost of which could very well strip them of the one thing they've tried so hard to cling to: their humanity.

Yet along with all the trials they're forced to endure, there's also hope in the form of love. Having loved Leisel from a far, Alex attempts to put the pieces of her fractured heart back together.

But in such a savage world, is there room for love?

In a place of nightmares-made-reality, where the living should be feared far more than the dead, an unbreakable friendship and a love amongst all odds can mean the difference between life and death

There are friends...

Furiously Happy: A Funny Book About Horrible Things

by Jenny Lawson

In LET'S PRETEND THIS NEVER HAPPENED, Jenny Lawson baffled readers with stories about growing up the daughter of a taxidermist. In her new book, FURIOUSLY HAPPY, Jenny explores her lifelong battle with mental illness. A hysterical, ridiculous book about crippling depression and anxiety? That sounds like a terrible idea. And terrible ideas are what Jenny does best.

According to Jenny: "Some people might think that being 'furiously happy' is just an excuse to be stupid and irresponsible and invite a herd of kangaroos over to your house without telling ...continued on page 22







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NOVEMBER•2016

Monday

Sunday

			Zumba/1 8:30 am Sewing 9 Dealer's 12:15 pn Domino
Texas Holdem' am	6 11:00	7 Shuffling - Stonehedge Here Exercise w/Elaine 7:47-8:30 am	Zumba/I 7:45-8:30 Sewing 9 Manager Dealer's 12:15 pm Domino
Texas Holdem' am	13 11:00	Shuffling Serendipity Away Exercise w/Elaine 7:47-8:30 am New York club. 10:00	Zumba/E 7:45-8:30 Sewing 9: New Eng Canada C Dealer's o 12:15 pm Dominoe HOA me
Texas Holdem' am	20	Shuffling Sun Valley Here Exercise w/Elaine 7:47-8:30 am	Shuffling Here Zumba/2 8:30 am Sewing 9 Dealer's 12:15 pn Domino
Texas Holdem' am	27 11:00	28 Shuffling Lake Tarpon Village Away Exercise w/Elaine 7:47-8:30 am	Zumba/I 8:30 am Sewing 9 Dealer's 12:15 pn Domino

Embassy

luesday	Wednesday	Thursday	Friday	Saturday
Elaine 7:45- 1 9:00 am HH choice poker n es 1:00 pm	Social Club meeting 9:00 am Ladies Poker 1:00 Bingo (papers sold from 5-6:15) 6:30 pm	Exercise/ Elaine 7:45-8:30 am Trivia 2:00 pm	Zumba / Elaine 4 7:45-8:30 am Crafts HH 9:00 am Fun Shuffle and Shuffle School 9:30 am Poker 7:00 pm	Dinner Theatre 5 11:00 see Barbara Whitman Special Bingo cards 12:00 games 1:00 pm Potluck SHUFFLE 1:00 pm
Elaine 8) am):00 am HH 's meeting 10:00 choice poker n es 1:00 pm	Shuffling Stonehedge Here Ladies Luncheon Ladies Poker 1:00 Bingo (papers sold from 5-6:15) 6:30 pm	Shuffling Pointe West Here Exercise/ Elaine 7:45- 8:30 am Trivia 2:00 pm	Zumba / Elaine 11 7:45-8:30 am Crafts HH 9:00 am Fun Shuffle and Shuffle School 9:30 am Poker 7:00 pm Newcomers Welcome 7:00 Veteran's Day	Potluck SHUFFLE 1:00 pm
laine 15 am 00 am HH l Breakfast 9:00 Club 10:00 hoice poker ss 1:00 pm eting 7:00	Shuffling Serendipity Away Ladies Poker 1:00 Bingo (papers sold from 5-6:15) 6:30 pm	Shuffling Down Yonder Away Exercise/ Elaine 7:45- 8:30 am Shuffle Club 8:45 Trivia 2:00 pm	Zumba / Elaine 18 7:45-8:30 am Crafts HH 9:00 am Fun Shuffle and Shuffle School 9:30 am Poker 7:00 pm	Pancake Breakfast 7:30-10:0 Craft Sale 7:30-10:00 Potluck SHUFFLE 1:00 pm
g Sun Valley 22 Elaine 7:45- 9:00 am HH choice poker n es 1:00 pm	Ladies Poker 1:00 Bingo (papers sold from 5-6:15) 6:30 pm	24 Exercise/ Elaine 7:45- 8:30 am Trivia 2:00 pm Thanksgiving Dinner 1:00 New YORK CLUB Hosts Thanksgiving	Zumba / Elaine 25 7:45-8:30 am Crafts HH 9:00 am Fun Shuffle and Shuffle School 9:30 am Poker 7:00 pm	26 Potluck SHUFFLE 1:00 pm Beggs and Stuart./mu- sic and dance. 7:00
Elaine 7:45- 29 9:00 am HH choice poker n es 1:00 pm	30 Shuffling Lake Tarpon Village Away Ladies Poker 1:00 Bingo (papers sold from 5-6:15) 6:30 pm			DECEMBER 2016 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31



your husband first because you suspect he would say no since he's never particularly liked kangaroos. And that would be ridiculous because *no one would invite a herd of kangaroos into their house*. Two is the limit. I speak from personal experience. My husband says that none is the new limit. I say he should have been clearer about that before I rented all those kangaroos."

"Most of my favorite people are dangerously fucked-up but you'd never guess because we've learned to bare it so honestly that it becomes the new normal. Like John Hughes wrote in *The Breakfast Club*, 'We're all pretty bizarre. Some of us are just better at hiding it.' Except go back and cross out the word 'hiding.'"

Jenny's first book, *LET'S PRETEND THIS NEVER HAPPENED*, was ostensibly about family, but deep down it was about celebrating your own weirdness. FURIOUSLY HAPPY is a book about mental illness, but under the surface it's about embracing joy in fantastic and outrageous ways-and who doesn't need a bit more of that?

Pretty Girls

by Karin Slaughter

Sisters. Strangers. Survivors.

More than twenty years ago, Claire and Lydia's teenaged sister Julia vanished without a trace. The two women have not spoken since, and now their lives could not be more different. Claire is the glamorous trophy wife of an Atlanta millionaire. Lydia, a single mother, dates an ex-con and struggles to make ends meet. But neither has recovered from the horror and heartbreak of their shared loss—a devastating wound that's cruelly ripped open when Claire's husband is killed.

The disappearance of a teenage girl and the murder of a middle-aged man, almost a quarter-century apart: what could connect them? Forming a wary truce, the surviving sisters look to the past to find the truth, unearthing the secrets that destroyed their family all those years ago . . . and uncovering the possibility of redemption, and revenge, where they least expect it.

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(Allow 4-6 weeks for mailing of check). This month's cash winners are:

(Allow 4-6 weeks lo	ı ınanıng	j oi check). Triis month s cash
		Jones & Sons Plumbing, Inc.
Richard Ulring	\$10	Bill The Carpet Guy
Lois P. Pierce	\$10	Royal Enterprises
		Ron Wyngarden MH Washing
		Jones & Sons Plumbing, Inc.
Linda Wagler	\$10	Debbie's Salon
W. Orlander Brown	\$10	Sunset Appliance Service
		Doll Brothers Carpet Cleaners
Galen Biddle	\$10	
		Battleline Termite & Pest Control
		Appliance Specialty, Inc.
		Barron's AC & Appliance Service
		Florida Anchor & Barrier Company
		Boss Electric Corp.
Dixie Brownstein	\$5	Bill The Carpet Guy
Ray Melvin	\$5	E & E Gliddon Air Conditioning
Ronald Cirincione	\$5	Bay Area Aluminum Services, Inc.
Beverly Hayes	\$5	Debbie's Salon
Emile Laflamme	\$5	Heller's Mobile Home Washing
		Debbie's Salon
		Battleline Termite & Pest Control
Jim Riggs	\$5	Denny's Plumbing, Inc.
Wayne Mowry	\$5	Royal Enterprises
Cobie Swets	\$5	Jones & Sons Plumbing, Inc.

miniono arc.		
Cynthia M. Thomas	\$5	
Kathleen Wieder	\$5	Modern AC & Appliance Service
Joe Palmer	\$5	Battleline Termite & Pest Control
Sheila Carrier	\$5	Boss Electric Corp.
Evelyn R. Huegel	\$5	Appliance Specialty, Inc.
		O.E. Wilson Insurance
Ruth Charron	\$5	Kathy's Cleaning Service
Brenda Gordon	\$5	Jones & Son's Plumbing Inc.
Alesia Lee	\$5	Palm Harbor & Dunedin Electric, Inc.
John Scott	\$5	Imperial Electric
Nancy R. Idoux	\$5	Appliance Specialty, Inc.
Carolyn Cornwall	\$5	Heller's Mobile Home Washing
Ruth Jeanne Marmaro	se \$5 .	Air Masters of Pinellas, Inc.
Paul Fadden	\$5	
Jean Carney	\$5	Jones & Sons Plumbing, Inc.
Chris Shuman	\$5	Sunset Appliance Service
Dot Bunting	\$5	
George W. Hayes	\$5	Debbie's Salon
Jim Zoltek	\$5	Air Masters of Pinellas, Inc.
Rita Drolet	\$5	. Betty's Customized Cleaning Services
Barbara Seavey	\$5	Air Masters of Pinellas, Inc.
		Denny's Plumbing, Inc.
Jim Forrester	\$5	E & E Gliddon Air Conditioning

[•] Limit of one ticket per visit • Advertiser may have up to 4 winners per month • Advertiser must have bill paid current to qualify • No purchase necessary • Contest void where prohibited by law • Green tickets available at participating Monthly Media advertisers.



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WHAT TO DO IN NOVEMBER

Christmas Under the Oaks

Toin us for the 40th Annual Christmas Under the Oaks Arts & Crafts Show on November 13, 2016

Christmas Under the Oaks is a traditional holiday season opener. This fundraising event will be held at beautiful, waterfront Coachman Park in downtown Clearwater, Florida.

The show runs from 9:00am to 4:00pm, and features over 150 artists, crafters, and food vendors. Shoppers find crafted items that will delight them and fit any budget, including handcrafted quilts, blown glass and keepsakes, country crafts, floral arrangements, ceramics, pottery, unique jewelry in sterling and crystal, holiday ornaments, and more!

Every dollar raised at Christmas Under the Oaks goes back to the community! Show proceeds benefit North Pinellas Woman's Club community scholarships, grants, and community service projects.

Christmas Under the Oaks

Sunday, November 13, 2016 Gates open 9:00am to 4:00pm \$3 donation; kids under 12 free No pets please.



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Did you know that November is also...

National Epilepsy Awareness Month. Learn about the different types of seizures and how to prevent them—or help someone suffering from them. A seizure is a short change in normal brain activity that can cause changes in awareness, behavior, or body movement. Because anyone can have a seizure, recognizing symptoms and knowing how to help is vital.

Native American Heritage Month. Established at the turn of the 20th century as an



effort to gain a day of recognition for the significant contributions the first Americans. In 1990 President George H. W. Bush approved a joint resolution designating that November "National American Indian Heritage Month." Similar proclamations have been issued each year since 1994.

Military Family Appreciation Month. Throughout November, military families serving around the world are honored and recognized for their commitment and the many contributions they make every day in support of the military and our nation.

National Animal Shelter and Rescue Appreciation Week, Nov. 3-9. Approximately 3,500 animal shelters across the United States serve the estimated 6 million to 8 million homeless animals who need refuge each year. Get acquainted with your local shelters and rescuers, and learn how you can assist their lifesaving work.

National Nurse Practitioner Week, Nov. 13-19. Held annually to celebrate these exceptional health care providers and to remind lawmakers of the importance of removing outdated barriers to practice so that NPs will be able to practice to the full extent of their experience and education.

American Education Week, Nov. 14-18. The 2016 theme, "Great Public Schools: A Basic Right and Our Responsibility," will present all Americans with an opportunity to celebrate public education and honor individuals who are making a difference in ensuring that every child receives a high-quality education.

U.S. Election Day, Nov. 8. Get out and vote!

World Diabetes Day, Nov. 14. Celebrated worldwide by the more than 230 member associations of the International Diabetes Federation in more than 160 countries and territories.

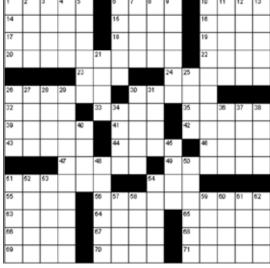
International Games Day, Nov. 19. Raising awareness of games and gaming in libraries to publishers and the public around the world.

Thanksgiving, Nov. 24. Turkey, football, pumpkin pie, and family. What could be better?



ACROSS

- 1. Slogan
- 6. Blemish
- 10. Chooses
- 14. Evade
- 15. Smell
- 16. Tribe
- 17. Crystal-lined stone
- 18. Credit card brand
- 19. Receptacle
- 20. Bowels
- 22. Initial wager
- 23. Take to court
- 24. A celebration of the Resurrection
- 26. Come into sight
- 30. Language of Persia
- 32. Coral ridge
- 33. Nonflowering plant
- 35. Models
- 39. Skill
- 41. Meadow
- 42. Trap 43. Scatter
- 44. Peddle
- 46. Dogfish
- 47. Units of distance
- 49. Except when
- 51. Pillaging 54. Metric unit of area
- 55. Flair
- 56. A capsule or shuttle
- 63. Inspiration
- 64. Class
- 65. Indian hand drums
- 66. Tidy
- 67. Hodgepodge
- 68. Once more
- 69. Sea eagle
- 70. Close
- 71. Relaxes



DOWN

- 1. Wise men
- 2. Roasting appliance
- 3. Honk
- 4. Neap, high or low
- 5. A city in the Ukraine
- 6. Film
- 7. Chief Norse god
- 8. Fail to win
- 9. Found at the end of a pencil
- 10. Once in a while
- 11. Flora
- 12. Flavor
- 13. Contemptuous look

- 21. Territory
- 25. Vipers 26. Circle fragments
- 27. Sassy
- 28. A type of fruit
- 29. Having unsuitable feminine 53. Song of joy
- qualities
- 30. Liberates
- 31. A Freudian stage
- 34. Consequence
- 36. Identical
- 37. Goddess of discord (Greek hair
- mythology) 38. The Caribbean and
- Adriatic, for example
- 40. One of two

- 45. Entice
- 48. Instruction 50. Ambrosia
- 51. French for "Queen"
- 52. Relative of the birch tree
- 54. He plays roles
- 57. A native of Poland
- 58. Operatic solo
- 59. Anger
- 60. Fabrics made from goat
- 61. Dart
- 62. Bronzes your skin





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Get more creativity with a clear focus

reativity and innovation aren't always accidental. A consistent focus will produce better results, so you don't have to wait for lightning to strike. Try these techniques to spur your imagination as you work:

- Start your day with a purpose. Instead of rushing out the door without a plan, spend a few minutes in the morning thinking about what you want to accomplish that day. Do this before checking your cell phone or email. You'll be less likely to get distracted by other demands.
- Shake up your routine. Get out of your comfort zone so you aren't always surrounded by what's familiar. Get up earlier than normal, take a new route to work, do your tasks in a different order, try something new and exciting—anything to shake your mind free of its preconceptions and look at your work in a different light.
- **Be mindful**. Don't go on autopilot. Pay attention to everything around you—the people you work with, the tasks you work on, the environment you work in, and so forth. The more aware you are of what's going on, the more likely you'll see a new connection or find an idea where you least expect it.

Don't be afraid to ask questions

A lyssa Mastromonaco was deputy chief of staff in the Obama White House until 2014. She told a radio station an important lesson she learned early on about the importance of asking questions:

During an Oval Office meeting on the economic crisis, she was close to panic, worried that the president would ask her a question about issues she knew nothing about, such as quantitative easing. She began quickly writing down key words and phrases to look up later.

Economic adviser Larry Summers noticed and tapped her on the shoulder. "Come to my office later," he said.

Worried that Summers was mad at her, Mastromonaco went to his office after the meeting. Summers asked about her list.

When she told him what she'd written down and why, Summers said, "I'll tell you anything you need to know." He proceeded to give her a quick lesson on economics. She left the office feeling relieved—and better informed than before. Nowadays she knows that admitting you don't know something is better informed than pretending you do—and she never thinks asking for information is stupid.









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A lesson in determination

Pritish runner Derek Redmond was one of the favorites for a gold medal in the 400-meter spring at the 1992 Olympics in Barcelona. But halfway through the race, Redmond—in the lead—collapsed on the track with a hamstring injury.

Medical staff rushed to help him, but Redmond waved them away. He somehow got to his feet and started staggering down the track. With thousands watching, and officials unsure of what to do, Redmond's father ran out to him.

"You don't have to do this, son," he said.

"Yes, I do," Redmond replied.

His father helped Redmond down the track, tears streaming down both their faces, waving away anyone who tried to stop them.

The crowd roared when Redmond finally crossed the finish line. The feat is considered by many to be the defining moment of the Barcelona Olympics.

Keep learning at any age

s you and your family members age, you may find you have more difficulty remembering things. Try to help you stay on top of the knowledge game and keep you learning as you age:

- Visualize. Mentally rehearse an event, conversation or activity before it actually happens. This visualization helps eliminate the stress you may feel over the unknown. Plus, when you're more relaxed, you're better able to learn.
- Take a break and exercise. If you're trying to remember information you're reading, take frequent breaks. Don't just sit around, though. Engage in some kind of activity to keep your mind alert and your blood flowing.
- Focus on concentrating. Distractions are the bane of any learning attempt. If you're attending a class or lecture, sit near the instructor and maintain eye contact with him or her. Try not to fidget; simply relax into the session and let your focused attention do the job.
- Say it out loud. Read aloud the material you're trying to learn and repeat out loud the facts you want to retain. This way, both your mind and your ears are taking in information.
- Tame frustration. If you grow frustrated over material you're trying to learn, remind your-self that getting emotional will only hamper your ability to retain information. If you have to, step back and take a long break.













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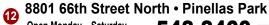
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EVENTS & PROGRAMS

CRAFT FAIR: December 10th, 2016, 9am to 1pm. Located @ Four Seasons Estates, 13225 101st St., Largo. Baked goods, donuts & lunch will be for sale.

CRAFT FAIR and Auction (for charity) 11/5/16, 10:30am-3:00pm, East Bay Oaks Clubhouse. Auction starts at 1pm. To support domestic violence, violence victims, and children in shelters. Cash only! Call Dawn with any questions (727) 434-3471

Doral Village Community Tag Sale. 11/19/16 from 8am-4pm.Clubhouse. Share the Wealth, TV, Money Prizes raffle tickets will be sold. Free admission. Refreshments. 29250 US 19 North, Clearwater. South of Curlew, North of Main.

Japanese Garden Art and Craft Show. Dec. 9-10, 9am-3pm. Artists wanted \$10 per table. Please call Charlotte 727-531-3651.

FLEA MARKET Saturday, November 26th 9am-Noon. Lake Seminole Resort Clubhouse 10245 110th Ave N. Largo. Clothes, books, household items, decorations.

Art, Craft and Bake Sale: Saturday, November 19th, 8:00am to 2:00pm. Park Royale, 10611 66th Street (Between Circle K and Wells Fargo). Kitchen Open - Great Baked Goods!

HOLIDAY BAZAAR 11/12/16, 9am-3pm. Crafts. Car Show. Lunch Available. First Lutheran Church 1644 Nursery, Clearwater.

Annual Rummage Sale: Saturday, November 19th, 8am - 3pm, 2550 S.R. 580, Regency Heights Clubhouse. Breakfast, Lunch available!

6th Annual Arts & Craft Sale: Saturday, November 12th, 9am-1pm. Lake Haven MHP, Paradise Island Clubhouse, 1415 Main St. (Lake Haven Rd. & SR580) Dunedin. Handmade items for gifts & home décor.

Saturday, November 19th, 8am-1pm. Pre-Christmas Sale, Lake Haven MHP 1415 Main St. Dunedin, FL. Decorations, Gift items, Housewares & The Biggest & Best Bake Sale in Town! Lunch Available!

CRAFT SALE: Saturday, December 3rd, 2016, 8:30 am - 1:30 pm. Sugar Creek MHP @ Clubhouse, 10265 Ulmerton Road, Largo (Behind Pier One Store). Bake Sale and Lunch. Tables \$10.00. Call Sally 727-584-4204

Art/Craft Fair - Friday, November 18th. 9am-1pm. Lake Highlander MHP, 1500 County Road 1, Dunedin. Great Holiday Gifts!

Veterans Day Tribute To Our Soldiers November 11th,7:00 pm Doors open at 6:00 pm EAST LAKE High School, 1300 Silver Eagle Drive ,Tarpon Springs ,Fl 34689 \$10 general admission \$8 for Veterans SUNCOAST SINGERS of Florida,Cypress Woods Elementary Chorus,and EAST LAKE HS Chorus

Annual Bazaar - Ranchero Village MHP, 7100 Ulmerton Road, Largo Florida. Sunday, November 13th, 12-3pm. New vendors and lunch available. Special raffle, baskets, and 50/50.

ANNUAL CRAFT SALE AND CAR-PORT SALE. 11/12/16 Lincolnshire Estates 1071 Donegan Rd, Largo. Hand made crafts, jewelry and art in the Clubhouse, food available Carport sale, furniture, nick nacks, glassware and more. CRAFT SALE! CRAFT SALE! Expertly handmade crafts of all kinds. Raffle. Bake Sale. Refreshments for sale. Something for everyone! Sunday, Dec. 4, from 12 P to 4P. Down Yonder Village Mobile Home Park, 7001 – 142nd Ave. N., Largo, FL. 33771.

WHITE ELEPHANT SALE - Saturday, Nov. 5th, 9am-noon. Americana Cove, 7201 1st St NE, St. Petersburg, 33701. Jewelry, antiques, crafts, electronics, housewares, pictures, books, DVD's, CD's, tapes, LPs, linens, plants, furniture, bakery, raffles.

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DECEMBER AD DEADLINE - NOVEMBER 10, 2016

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Embassy Park

Office hours: Monday-Wednesday-Friday 10:00 am to 2:00 pm

Embassy Homeowners Association

The Annual Meeting and Elections are held on the 3rd Friday in January. Other meetings are held as needed, and are posted in the Clubhouse on the Association Bulletin Board.

The Annual Meeting a			
as needed, and are pos	sted in the Clubhouse	on the Associa	ation Bulletin Board
President	Ron Russell	(1301)	538-2439
Vice President			
Treasurer	Terry Hazlett	(717)	530-1476
Secretary	Elaine Pepper	(833)	286-7744
Directors	June deRuiter	(918)	754-7321
	Mary Ann Cassy	(1532)	330-7283
	Arlene Stuart	(441)	531-9302
	Guy McDougall	(1222)	230-9969
Embassy Social Club	, .		
President	Janis Wilson	(1320)	474-5050
Vice President	Elaine Migliorati	(1644)	437-7327
Secretary	Cheryl Russell	(733)	585-455-0471
Treasurer			
Directors	Judy Hoke	(627)	536-3417
	Barbara Whitman	(922)	238-3200
	Nedra Woodroof	(739)	538-9507
Embassy Regional Clu	<u>ıbs</u>	,	
Canadian Club			
President	Bill Burtt	(401A)	535-6826
New York Club			
President	Brud Livingston	(523)	536-6678

Embassy Shuffle Club

Meets 3rd Tuesday			
President	Susan White	(521)	223-4127
Vice President	Randy Poulin	(920)	474-7920
Secretary	Muriel Marks	(1215).	535-1236
Treasurer	Ron McDougall	(830)	475-8514
Directors	Jay Sollberger	(1814).	530-4183
	John Halliday	(1606).	508-360-3875
	Danny Czepiewski		



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